

Safeguarding and Welfare Requirement: Health

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

6.4 Nappy changing

Policy statement

No child is excluded from participating in Ridgemount Cottage Nursery who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. Ridgemount Cottage Nursery work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

Ridgemount Cottage Nursery provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

Ridgemount Cottage Nursery sees toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Our key persons have a list of personalised changing times for the children in their care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.
- Ridgemount Cottage Nursery encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Our key persons undertake changing children in their key groups; back up key persons change them if the key person is absent.
- Ridgemount Cottage Nursery changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes. There are mobiles and other objects of interest to take the child's attention.
- Each child has their own bag to hand with their nappies or pull ups and changing wipes.
- Ridgemount Cottage Nursery staff put on gloves and aprons before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child. The mat is then sprayed with disinfectant and wiped clean.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies
- Ridgemount Cottage Nursery staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- Ridgemount Cottage Nursery staff are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- Ridgemount Cottage Nursery staff do not make inappropriate comments about children's genitals when changing their nappies.



- In addition, Ridgemount Cottage Nursery staff ensure that nappy changing is relaxed and a time to promote independence in young children.
- Ridgemount Cottage Nursery staff encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Ridgemount Cottage Nursery staff encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Ridgemount Cottage Nursery staff do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Ridgemount Cottage Nursery staff dispose of nappies and pull ups hygienically. Ridgemount Cottage Nursery has a offensive/clinical waste contract. The Duty of Care controlled waste transfer certificate is on display. The nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- Ridgemount Cottage Nursery have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect [and will be a disciplinary matter].

This policy was adopted by _____ *(name of provider)*

On _____ *(date)*

Date to be reviewed _____ *(date)*

Signed on behalf of the provider _____

Name of signatory _____

Role of signatory (e.g. director or owner) _____